

WEEK 1	WEEK 2	WEEK 3
<p>MONDAY</p> <p>SOUP: LEEK AND POTATO (V, GF, CE) MAIN COURSE: CAJUN CHICKEN WITH ROASTED VEGETABLES (GF, H, CE, M) VEGETARIAN MAIN: TAGLIATELLE WITH CAULIFLOWER AND BROCCOLI CHEESE (V, CE, MU, C, E) MAINS SERVED WITH A CHOICE OF: SAVOURY RICE (GF, CE) & TOSSED SALAD DELI WRAP: CHICKEN AND PEPPERS (C, H) DESSERT: CHERRY FLAPJACK (C, M)</p>	<p>MONDAY</p> <p>SOUP: CARROT AND CORIANDER (V,GF, CE) MAIN COURSE: SWEET AND SOUR CHICKEN WITH SWEET PEPPERS (H, CE, GF) SERVED BRAISED RICE VEGETARIAN MAIN: VEGETABLE AND LENTIL MASALA WITH BRAISED RICE (V, CE, GF) DELI WRAP: JERK CHICKEN (C, H) DESSERT: CHOCOLATE CRUNCH WITH CUSTARD (C, E, M)</p>	<p>MONDAY</p> <p>SOUP: BROCCOLI (V,M, CE, GF) MAIN COURSE: PORK AND BEEF MEATBALLS COOKED IN TOMATO SAUCE, PASTA AND TOSSED SALAD (C, CE, S, SD) VEGETARIAN MAIN: CRISPY CHEESEY POTATO TOPPED SHEPERDESS PIE (GF,V, M, E, C) DELI WRAP: CHIKEN TIKKA (C, H) MAINS SERVED WITH A CHOICE OF: TOSSED SALAD, BRASIED RICE DESSERT: TEACAKE WITH CUSTARD (C, E, M)</p>
<p>TUESDAY</p> <p>SOUP: SWEET POTATO (V,GF, CE) MAIN COURSE: BEEF LASAGNE WITH GARLIC BREAD (M, MU, C,CE, E, SS, S) VEGETARIAN MAIN: CHICK PEA AND SWEET POTATO SAMAOA WITH CUCUMBER & YOGHURT AND SAAG GOBI (CAULI/ SPINACH & POTATO CURRY) (C, CE, S, SS) PASTA(E,C)/NOODLE(E,C)/RICE BAR: CHICKEN TERIYAKI (GF,H, CE), VEGETABLE SWEET AND SOUR (GF,V,CE) DESSERT: CHOCOLATE MOUSSE (C, E, M)</p>	<p>TUESDAY</p> <p>SOUP: VEGETABLE (V, GF, CE) MAIN COURSE: HERB ROASTED CHICKEN (H, GF) WITH NEW POTATOES, PEAS & GLAZED CARROTS (V, GF, M) VEGETARIAN MAIN: MACARONI AND CHEESE WITH CRISPY LEEKS, GARLIC BREAD AND LEAF SALAD (V, M, E, CE, C) PASTA (E, C)/NOODLE(E, C)/RICE BAR: CHILLI CHICKEN (GF,H, CE) TOMATO AND HERB (GF,V,CE) DESSERT: CHERRY AND ALMOND SLICE (M,N, C, E)</p>	<p>TUESDAY</p> <p>SOUP: TOMATO AND BASIL(V,GF, CE) MAIN COURSE: ALL DAY BREAKFAST SAUSAGE (SD, C,MU,CE), BACON (SD), HASH BROWN (GF), TOMATOES, BAKED BEANS, SCRAMBLED EGG (E,M), MUSHROOMS VEGETARIAN MAIN: ALL DAY BREAKFAST QUORN SAUSAGE(V, GF,E,M,CE), VEGETABLE PATTIE(C, CE, MU), HASH BROWN (GF), TOMATOES, BAKED BEANS, SCRAMBLED EGG(M,E), MUSHROOMS DELI WRAP: THAI GREEN CHICKEN (H, CE) DESSERT: STRAWBERRY MOUSSE (C, E, M)</p>
<p>WEDNESDAY</p> <p>SOUP: MUSHROOM (V,GF, CE) MAIN COURSE: PORK HOT DOG (C, E, SD) IN A BUN (SS, C,M) VEGETARIAN MAIN: QUORN HOT DOG SERVED IN FLOUR ROLL (V, S, C, SS, M, E) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU) DELI WRAP: MALAY CHICKEN (H, CE) DESSERT: GREEK YOGHURT WITH SUMMER FRUIT PUREE AND GRANOLA (M)</p>	<p>WEDNESDAY</p> <p>SOUP: POTATO AND SPINACH (CE, GF,V) MAIN COURSE: BURGER BAR CAJUN CHICKEN BURGER (H, GF, 100% BEEF BURGER (C, CE, SD), 100% PORK AND SAGE BURGER (CE, E, GF) IN A FLOUR BAP (C, SS, M) VEGETARIAN MAIN: VEGETABLE BURGER (V, M, C, CE, E) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU) DELI WRAP: CHICKEN TIKKA (H, C, SD, SS) DESSERT: ICED GINGERBREAD LOAF (C, M, E, SD)</p>	<p>WEDNESDAY</p> <p>SOUP: BUTTERNUT SQUASH (V,GF, CE) MAIN COURSE: MEAT FEAST PIZZA (M, C, SS, S, SD) VEGETARIAN MAIN: CHEESE AND TOMATO PIZZA (V, M, C, SS, S) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU) DELI WRAP: FIRECRACKER CHICKEN (H, C, CE) DESSERT: CHOCOLATE COOKIE (M, C, SD)</p>
<p>THURSDAY</p> <p>SOUP: THAI VEGETABLE (V,S,CE, GF) MAIN COURSE: NOODLE BAR BEEF IN BLACK BEAN WITH GREEN PEPPERS (CE, S, SS,SD), SZECHUAN CHICKEN (SS, S, CE) VEGETARIAN MAIN: ORIENTAL VEGETABLES (CE, SS,S) MAINS SERVED WITH A CHOICE OF: EGG NOODLES (E, C, SS), PRAWN CRACKERS DESSERT: OAT COOKIE (C, M, E)</p>	<p>THURSDAY</p> <p>SOUP: TOMATO (V,CE, GF) MAIN COURSE: ROASTED PORK WITH ROASTED POTATOES,SEASONAL VEGETABLES, GRAVY (CE,GF) SAGE AND ONION STUFFING (C, M, CE) VEGETARIAN MAIN: RED VEGETABLE CHILLI WITH BRAISED RICE (V, GF, CE, E) PASTA(E,C)/NOODLE(E,C)/RICE BAR: BBQ SAUSAGE (CE, SD, CE, C, E) HOI SIN VEGETABLES (GF, V,CE) DESSERT: APPLE AND PEAR CRUMBLE WITH CUSTARD (C, E, M)</p>	<p>THURSDAY</p> <p>SOUP: POTATO AND SPRING ONION (V,GF, CE) MAIN COURSE: TEX MEX PIRI PIRI CHICKEN WINGS (H,GF, CE), CHILLI BEEF ENCHILLADA (CE,C, SS) CAJUN PULLED CHICKEN TACO (H, C, CE, SS) VEGETARIAN MAIN: VEGETABLE CHILLI NACHO (V, S, SS, M) MAINS SERVED WITH A CHOICE OF: POTATO WEDGES (GF), SWEETCORN AND PEPPERS (GF), CHILLI BEANS (CE) DESSERT: APPLE PIE AND CUSTARD (C, M, E, SD)</p>
<p>FRIDAY</p> <p>SOUP: TOMATO (V, C, CE) CHIP SHOP DAY - MAIN COURSE: BATTERED COD FILLET (F, M, E, C, MU), CHICKEN KEBAB STYLE MEAT (H,GF MU,CE) MINCE BEEF AND ONION PIE (CE, C,M,E) CHEESE AND ONION PATTIE (V, C, E, MU, M) MAINS SERVED WITH A CHOICE OF: WITH FARMHOUSE FRIES, MUSHY PEAS, CURRY SAUCE, GRAVY DESSERT: SHORTBREAD (M,C)</p>	<p>FRIDAY</p> <p>SOUP: CAULIFLOWER (V,GF, CE) MAIN COURSE: BREADED CHICKEN GOUJONS (H, M, E, C, MU) VEGETARIAN MAIN: CHEESE AND ONION PASTY (V, C, E, MU, M) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES, PEAS DESSERT: BANANA MUFFIN (C, M, E, SD)</p>	<p>FRIDAY</p> <p>SOUP: VEGETABLE (V,GF, CE) MAIN COURSE: BATTERED COD FILLET (F, M, E, C, MU) VEGETARIAN MAIN: SOUTHERN STYLE CRISPY QUORN BITES (V, C, E,CE) MAINS SERVED WITH A CHOICE OF: WITH FARMHOUSE FRIES & PEAS DESSERT: CHOCOLATE MUFFIN (C, E,M)</p>
<p>ALLERGENS KEY C - CEREALS CONTAINING GLUTEN P – PEANUTS N - NUTS (TREE NUTS IE. ALMONDS, WALNUTS) M – MILK S – SOYA</p>	<p>MU – MUSTARD L – LUPIN E – EGGS F - FISH CR - CRUSTACEANS (PRAWNS) MO - MOLLUSCS (SCALLOPS, MUSSELS) SS - SESAME SEED</p>	<p>CE – CELERY SD - SULPHUR DIOXIDE CUSTOMER INFORMATION V – VEGETARIAN H – HALAL GF – GLUTEN FREE</p>

WEEK 4

MONDAY

SOUP: TOMATO AND PEPPER (V,GF, CE)
MAIN COURSE: CHILLI CON CARNE WITH BRAISED RICE (CE) WITH SOURED CREAM AND TORTILLAS (C,M,E,SS,S)
VEGETARIAN MAIN: CHUNKY RATATOUILLE WITH BASIL, GARLIC AND HERB POTATOES (V, GF, CE)
MAINS SERVED WITH A CHOICE OF: TOSSED SALAD
DELI WRAP: THAI RED CHICKEN (C, SD, SS)
DESSERT: LEMON AND LIME DRIZZLE CAKE AND CUSTARD (E, C, M)

TUESDAY

SOUP: MUSHROOM (V, GF, CE)
MAIN COURSE: CHICKEN ENCHILADA (H, C, CE) WITH GARLIC NEW POTATOES ROASTED CORN & CHOPPED SALAD
VEGETARIAN MAIN: CAULIFLOWER AND SPINACH DAAL (GF, V, CE) WITH BRAISED RICE (GF, CE), FLAT BREAD (C, E, M, SS) AND CHOPPED SALAD
PASTA (E, C)/NOODLE(E, C)/RICE BAR: CHICKEN IN TOMATO AND BASIL SAUCE (GF, H, CE) TOMATO AND BASIL (GF,V,CE)
DESSERT: FROSTED CARROT CAKE (C, E, M, SD)

WEDNESDAY

SOUP: SPINACH (V,GF, CE)
MAIN COURSE: CHICKEN AND MUSHROOM PIE (C,CE, E, M), STEAK PIE (C, CE, E, M)
VEGETARIAN MAIN: VEGETABLE CORNISH PASTY (V, C, M, E)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU) OR MUSHY PEAS
DELI WRAP: BBQ PULLED CHICKEN (C, H)
DESSERT: FROSTED CARROT CAKE (C, E, M, SD)

THURSDAY

SOUP: FIVE BEAN (V,C,CE)
MAIN COURSE: HONEY BAKED GAMMON (SD) WITH GRAVY (GF, CE)
VEGETARIAN MAIN: BAKED QUORN SAUSAGES (V,CE, M) WITH GRAVY
MAINS SERVED WITH A CHOICE OF: CREAMED POTATO, GARDEN PEAS
PASTA(E,C)/NOODLE(E,C)/RICE BAR: BEEF AND TOMATO (GF, CE) TOMATO AND PEPPER (GF,V,CE)
DESSERT: STEAMED BANANA AND SYRUP SPONGE WITH CUSTARD (C, E,M, SD)

FRIDAY

SOUP: BROCCOLI (V,GF, CE)
MAIN COURSE: FISH FINGER SANDWICH (F, M, E, C, MU)
VEGETARIAN MAIN: CHEESE AND ONION ROLL (V, M, E, CE, C)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES & GARDEN PEAS
DESSERT: CHOCOLATE MUFFIN (C, M, SD, E)

AVAILABLE EVERYDAY

JACKET POTATOES WITH VARIOUS FILLINGS

SELECTION OF FRESHLY PREPARED HOT AND COLD DESSERTS



APRIL					MAY				
						1	2	3	4
					7	8	9	10	11
16	17	18	19	20	14	15	16	17	18
23	24	25	26	27	21	22	23	24	25
30									
WEEK1	WEEK2	WEEK3	WEEK4						
M	T	W	T	F	M	T	W	T	F
JUNE					JULY				
4	5	6	7	8	2	3	4	5	6
11	12	13	14	15	9	10	11	12	13
18	19	20	21	22	16	17	18	19	20
25	26	27	28	29					

SUMMER MENU

APRIL - JULY
2018



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