

WEEK 1	WEEK 2	WEEK 3
<p>MONDAY</p> <p>MAIN COURSE: CHICKEN AND ROASTED VEGETABLES IN A THICK TOMATO AND BASIL SAUCE (GF, H, CE) VEGETARIAN MAIN: TAGLIATELLE WITH CAULIFLOWER AND BROCCOLI CHEESE (V, CE, MU, C, E) MAINS SERVED WITH A CHOICE OF: TOSSED SALAD AND NEW POTATOES DELI WRAP: : BBQ CHICKEN (H,CE,N,MU) DESSERT: APPLE CRUMBLE AND CUSTARD (M,C,V)</p>	<p>MONDAY</p> <p>MAIN COURSE: CHICKEN TIKKA (N, MU,CE,H) VEGETARIAN MAIN: VEGGETARIAN TIKKA (V, CE, C) MAINS SERVED WITH A CHOICE OF: RICE AND NAAN DELI WRAP: BBQ CHICKEN (H,CE,N,MU) DESSERT: MERINGUE FRUIT FOOL(C, E, M)</p>	<p>MONDAY</p> <p>MAIN COURSE: ALL DAY BREAKFAST SAUSAGE (SD, C,MU,CE), BACON (SD), HASH BROWN (GF), TOMATOES, BAKED BEANS, SCRAMBLED EGG (E,M), MUSHROOMS VEGETARIAN MAIN: ALL DAY BREAKFAST QUORN SAUSAGE(V, GF,E,M,CE), VEGETABLE PATTIE(C, CE, MU), HASH BROWN (GF), TOMATOES, BAKED BEANS, SCRAMBLED EGG(M,E), MUSHROOMS DESSERT: FRUIT PANCAKES (C, E, M)</p>
<p>TUESDAY</p> <p>MAIN COURSE: CHICKEN LASAGNA (C, E, M, H) VEGETARIAN MAIN: VEGETABLE LASAGNA (V, CE, E, M) MAINS SERVED WITH A CHOICE OF: GARLIC BREAD AND SALAD DELI WRAP: CHICKEN TIKKA (H,CE,N,MU) DESSERT:CHOCOLATE COOKIE (M,C,E)</p>	<p>TUESDAY</p> <p>MAIN COURSE: BEEF LASAGNA (C,CE, E,M,MU) VEGETARIAN MAIN: MACARONI AND CHEESE (V) (C,M) MAINS SERVED WITH A CHOICE OF: GARLIC BREAD AND LEAF SALAD (V, M, E,CE) DELI WRAP: CHICKEN TIKKA (H,CE,N,MU) DESSERT: CHERRY AND ALMOND SLICE (M,N, C, E)</p>	<p>TUESDAY</p> <p>MAIN COURSE: PORK AND BEEF MEATBALLS (C,E) VEGETARIAN MAIN :QUORN MEATBALLS (C,E) MAINS SERVED WITH A CHOICE OF: PASTA AND GARLIC BREAD DELI WRAP: DELI WRAP: CHICKEN TIKKA (H,CE,N,MU) DESSERT: LEMON DRIZZLE CAKE (C, E, M)</p>
<p>WEDNESDAY</p> <p>MAIN COURSE: PORK HOT DOG (C, E, SD) IN FLOUR ROLL (SS, C, M) VEGETARIAN MAIN: QUORN HOT DOG SERVED IN FLOUR ROLL (V, S, C SS, M, E) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU) DESSERT: STEAMED SYRUP PUDDING WITH CUSTARD (M,E,C)</p>	<p>WEDNESDAY</p> <p>MAIN COURSE: PEPPERONI PIZZA (C,E,M) VEGETARIAN MAIN: CHEESE AND TOMATO (V, M, C, CE, E) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU) DESSERT: CHOCOLATE CAKE AND CUSTARD (C, M, E, SD)</p>	<p>WEDNESDAY</p> <p>MAIN COURSE: BEEF BURGER (C,E,M)/CHICKEN BURGER (C,E,H) VEGETARIAN MAIN: VEGETABLE BURGER (V, M, S) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU) DESSERT: GRANOLA AND MANGO GREEK YOGHURT (C,M,N)</p>
<p>THURSDAY</p> <p>MAIN COURSE: BAKED GAMMON (MU, CE, S) VEGETARIAN MAIN: CHEESE AND ONION PIE (M, V) MAINS SERVED WITH A CHOICE OF: NEW POTATOES PEAS AND GRAVY (M,C,MU,) DESSERT: FLAPJACK (C,)</p>	<p>THURSDAY</p> <p>MAIN COURSE: ROASTED PORK WITH ROASTED POTATOES, SEASONAL VEGETABLES, GRAVY (CE,GF) SAGE AND ONION STUFFING (C, M, CE) VEGETARIAN MAIN: RED VEGETABLE CHILLI WITH BRAISED RICE (V, GF, CE, E) DELI WRAP: DELI WRAP: CHICKEN TIKKA (H,CE,N,MU) DESSERT: APPLE AND PEAR CRUMBLE WITH CUSTARD (C, E, M)</p>	<p>THURSDAY</p> <p>MAIN COURSE: TEX MEX PIRI PIRI CHICKEN WINGS (H,GF, CE), CHILLI BEEF ENCHILLADA (CE,C, SS) VEGETARIAN MAIN: VEGETABLE ENCHILLADA (V, S, SS, M) MAINS SERVED WITH A CHOICE OF: POTATO WEDGES (GF), SWEETCORN AND PEPPERS (GF) DESSERT: FARMHOUSE FRUIT CAKE AND CUSTARD (M,E,C)</p>
<p>FRIDAY</p> <p>MAIN COURSE: BATTERED COD FILLET (F, M, E, C, MU) VEGETARIAN MAIN: SOUTHERN STYLE CRISPY QUORN BITES (V, C, E,CE) MAINS SERVED WITH A CHOICE OF: WITH FARMHOUSE FRIES & DESSERT: STRAWBERRY JELLY (GF)</p>	<p>FRIDAY</p> <p>MAIN COURSE: BREADED CHICKEN GOUJONS (H, M, E, C, MU) VEGETARIAN MAIN: CHEESE AND ONION PASTY (V, C, E, MU, M) MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES, PEAS DESSERT: STRAWBERRY MOUSSE (C, M, E, SD)</p>	<p>FRIDAY</p> <p>MAIN COURSE: BATTERED COD FILLET (F, M, E, C, MU) VEGETARIAN MAIN: SOUTHERN STYLE CRISPY QUORN BITES (V, C, E,CE) MAINS SERVED WITH A CHOICE OF: WITH FARMHOUSE FRIES & PEAS DESSERT: SHORTBREAD (C, E, M)</p>
<p>ALLERGENS KEY C - CEREALS CONTAINING GLUTEN P – PEANUTS N - NUTS (TREE NUTS IE. ALMONDS, WALNUTS) M – MILK S – SOYA</p>	<p>MU – MUSTARD L – LUPIN E – EGGS F - FISH CR - CRUSTACEANS (PRAWNS) MO - MOLLUSCS (SCALLOPS, MUSSELS) SS - SESAME SEED</p>	<p>CE – CELERY SD - SULPHUR DIOXIDE CUSTOMER INFORMATION V – VEGETARIAN H – HALAL GF – GLUTEN FREE</p>

WEEK 4

MONDAY

MAIN COURSE: BEEF AND TOMATO PASTA (GF, CE) TOMATO AND PEPPER PASTA(GF, V, CE) PASTA
VEGETARIAN MAIN: CHUNKY RATATOUILLE WITH BASIL, GARLIC AND HERB POTATOES (V, GF, CE)
MAINS SERVED WITH A CHOICE OF: TOSSED SALAD
DELI WRAP: ITALIAN CHICKEN (CE, H, MU)
DESSERT: LEMON AND LIME DRIZZLE CAKE AND CUSTARD (E, C, M)

TUESDAY

MAIN COURSE: CURRY BAR
 CHICKEN TIKKA, CHICKEN KORMA,
VEGETARIAN MAIN: POTATO AND SPINACH DHAL (GF, V, CE)
MAINS SERVED WITH A CHOICE OF: BRAISED RICE (GF, CE), FLAT BREAD (C, E, M, SS)
DESSERT: FROSTED CARROT CAKE (C, E, M, SD)

WEDNESDAY

MAIN COURSE: CHICKEN AND MUSHROOM PIE (C, H, CE, M, E) STEAK PIE (C, CE, M, E)
VEGETARIAN MAIN: VEGETABLE CORNISH PASTY (V, C, M, E)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES AND HOMEMADE COLESLAW (M, E, MU)
DESSERT: ORANGE JELLY (V,GF,)

THURSDAY

MAIN COURSE: PORK SAUSAGE (SD) WITH GRAVY (GF, CE)
VEGETARIAN MAIN: BAKED QUORN SAUSAGES (V, CE, M) WITH GRAVY
MAINS SERVED WITH A CHOICE OF: CREAMED POTATO, GARDEN PEAS
DELI WRAP. BBQ CHICKEN (H,CE,N,MU)
DESSERT: CHOCOLATE CONCRETE AND CUSTARD (C,M,E)

FRIDAY

MAIN COURSE: BREADED CHICKEN GOUJONS (H, M, E, C, MU)
VEGETARIAN MAIN: CHEESE AND ONION PASTY (V, C, E, MU, M)
MAINS SERVED WITH A CHOICE OF: FARMHOUSE FRIES, PEAS
DESSERT: CHOCOLATE CORNFLAKE CRUNCH (C, M, E)

AVAILABLE EVERYDAY

**JACKET POTATOES
 WITH VARIOUS FILLINGS**

**DAILY SELECTION OF FRESHLY
 PREPARED PANINI'S**

**SELECTION OF FRESHLY PREPARED
 HOT AND COLD DESSERTS**



JANUARY					FEBRUARY				
7	8	9	10	11					1
14	15	16	17	18	4	5	6	7	8
21	22	23	24	25	11	12	13	14	15
28	29	30	31		25	26	27	28	
WEEK1	WEEK2	WEEK3	WEEK4						
M	T	W	T	F	M	T	W	T	F
MARCH					APRIL				
				1	1	2	3	4	5
4	5	6	7	8	8	9	10	11	12
11	12	13	14	15					
18	19	20	21	22					
25	26	27	28	29	29	30			

SPRING MENU

JANUARY-APRIL
 2019



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