17th March 2022



Dear Parent/Carer

The Department for Education requires us to deliver the statutory guidance for Relationships, Sex and Health Education (RSHE). This, alongside other key areas such as RE, Citizenship and Careers, makes up our Learning for Life curriculum which is delivered at Key Stage 4/5 through assemblies, form time activities and curriculum days.

All Year 10 and Year 12 pupils will be participating in the fourth of these curriculum days on **Monday 28th March.** This will replace their usual timetabled lessons.

Pupils will take part in the following sessions:

- Careers learning (Year 10 only)
- FGM and Honour based violence (Years 10 and 12)
- The effects of gambling (Years 10 and 12)
- Substance abuse (Year 10 only)
- How to perform self-checks for cancerous lumps (Year 10 only)
- Risky behaviours e.g. spiking of drinks (Year 12 only)

Details of our RSHE Policy and an overview of the provision for each year group can be found on our website. <u>This content is now statutory and forms a key part of our provision at school.</u>

We recognise that some topics will promote discussion at home and children may turn to the internet for further answers, so felt it was important to make you aware of these sensitive issues so you can address any questions your child may have. Detailed below are some useful websites to support these conversations at home and provide more information should you require more guidance. We ask that you be more mindful of their internet use and report any unsafe searches they may encounter.

NHS choices https://www.nhs.uk/conditions/female-genital-mutilation-fgm/

World Health Organisation (WHO): <u>https://www.who.int/news-room/fact-sheets/detail/female-genital-mutilation</u>

This will be a normal school day and our usual high standards and expectations of behaviour will apply.

Should you have any queries, please contact Mrs Barlow in school.

Yours faithfully

Mr I Smith Head teacher

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