

PARENTS & CARERS A GUIDE TO HOME LEARNING

Ages 3-18



Keep It Regular

Establish a routine for the school day and set clear boundaries. Be prepared to be flexible.

Keep It Short

Do not try to mirror the school day exactly. Use the following guidelines and have regular breaks.

Early years up to a maximum of 2 hours; KS1 - 3 hours; KS2 - 4 hours; KS3 to KS5 - 4-6 hours

Keep Organised

Try to zone your home and create a space where your child can work. Make sure they keep it tidy and organised, so they are prepared for work the next day.

Keep Them Active

The recommended advice is at least two or more hours of physical exercise every day, outdoors preferably.

You can also join Joe Wicks the body coach Monday - Friday at 9^{am} for online PE lessons on his Youtube channel.

Keep It Simple

Be creative and incorporate learning into everyday chores and activities especially for the younger children.

Have regular conversations about relevant topics and read often to younger children as this will develop your child's language skills.

Keep It Moving

If something is not working or your child is struggling with a topic, then just stop and do something else for a while.

Keep Monitoring Your Child's Wellbeing

Your child will be missing friends and school life as well as concerned about what they hear in the news. Spend time talking about these things often.

Keep Time on Digital Devices Limited

Phones, computers and tablets can be great tools to help learning but do need to be managed well. Teach your child about using them safely whilst online. Please refer to our guides which can be found on the school website.

Keep Checking for Resources

Check the school website for resources as these are updated on a regular basis. You can also use some of the websites mentioned on the next page.

Keep a Sense of Perspective

Be kind to yourself! You cannot become an expert teacher overnight but anything you do at home will help, so thank you! Do see this as invaluable time where you can cover topics that are of interest to your child and develop their character.

Useful Resources

Information, guidance and support for parents and carers of children who are learning at home can be found on the Gov.uk website at the link to the right. This includes specific advice for parents on how education can continue at home for children aged 2-4, at primary school and with special educational needs and disabilities.



[CLICK HERE](#)

Oak National Academy is a new collection of high-quality lessons and online resources. Backed by the Government, it has been created in response to the coronavirus lockdown.



OAK
NATIONAL
ACADEMY
All Year Groups

[CLICK HERE](#)

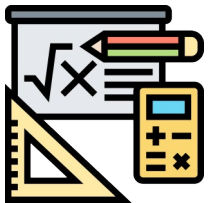


Primary Stage

We understand that due to the coronavirus outbreak, you and your children are spending more time at home and you might be looking for a bit more inspiration for things to do. Start by trying some of these simple, fun activities.

[CLICK HERE](#)

Primary Maths Resources



[CLICK HERE](#)

Special Educational Needs Resources

All Year Groups

- A list of online education resources for children with SEND.
- Coronavirus educational resources from The Sensory Projects.
- SEND-specific resources for learning from home from Tech Ability.

All Year Groups

We have also worked with other organisations to create information on ways you can help your children learn at home.

- Advice on supporting children with a learning disability or autistic spectrum disorder (ASD) from the Council for Disabled Children.
- Recommendations on special educational needs from the Education Endowment Foundation.

Online & Virtual Resources for Young People, Parents and Teachers

Secondary Only	West Midlands Police, Crime Prevention - www.west-midlands.police.uk/27stationroad
All Years	Virtual Tour Resources – www.familydaystriedandtested.com
All Years	Explore the World from the safety of your home – www.chatterpack.net
All Years	Virtual Museum, Graffiti, Nature Walks, Adventures - www.refinery29.com
All Years	BBC History - www.bbc.co.uk/history
All Years	Houses of Parliament 360 Virtual Tour - www.parliament.uk/visiting/virtualtour/
Primary Only	Home Schooling, educational resources for young people - www.workingmums.co.uk
Secondary Only	VR Glaciers, and Glaciated Landscapes - www.vrglaciers.wp.worc.ac.uk
All Years	Tour of the Moon - www.moon.nasa.gov
All Years	David Walliams FREE 30 Days Children's Audio Books - www.worldofdavidwalliams.com/elevenses/
All Years	P.E. for Children Online with Joe Wicks - www.thebodycoach.com
All Years	Learn a different language for FREE - www.duolingo.com
	Here you will find films, storybooks and other fun sites, with plenty of information to help you enjoy your time online and stay safe on the internet - 3-11yrs - www.saferinternet.org.uk/advice-centre/young-people/resources-3-11s 11-19yrs - www.saferinternet.org.uk/advice-centre/young-people/resources-11-19s
All Years	Online safety resources, activities, games, films and advice for parents, young people and teachers and professionals - www.childnet.com/resources
All Years	Think You Know, home activity packs - www.thinkuknow.co.uk
All Years	Scouting movement - www.scouts.org.uk/the-great-indoors
All Years	The Princes Trust - Join 'The Great Create': www.princestrust.primoevents.com
All Years	Engineering at Home - https://www.smallpeicetrust.org.uk/engineering-at-home

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