17<sup>th</sup> March 2023



Etone College www.etonecollege.co.uk

**Dear Parents/Carer** 

I would like to inform you of an exciting development in our provision of our wellbeing services at Etone College. I am pleased to announce that we have joined with the Anna Freud Centre for Children and Families and the mental health charity Mind. One of the aims of this partnership is to provide wellbeing support for students in our Sixth Form. The Schools and Colleges Early Support Service, provided by Anna Freud and Mind, will be a free, self-referral service.

The service means that Sixth Form students who are experiencing mild to moderate anxiety, stress or low mood can self-refer for remote, one to one sessions. If aged 16 -17, students must include parent/carer details as part of the referral process. If the student's referral meets the requirements of the service, the students will receive sessions delivered remotely by trained practitioners. In order that the college is aware that students are receiving intervention, we will be informed of the student's name when they have accessed the service.

If safeguarding concerns were to arise during the sessions, the Schools and Colleges Early Support Service will contact our key contact and designated safeguarding lead and we will then follow the usual safeguarding procedures once informed.

It is important to note that this is not an emergency service and is not suitable for students who are already receiving support for their mental health from another service.

I really hope you will share my excitement in launching this new wellbeing service for our Sixth Form students.

Should you have any queries or concerns, please do not hesitate to contact Ms Pywell, our mental health lead.

Yours faithfully

Mr I Smith <u>Headteacher</u>

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