

Using Right to Choose for a Neurodevelopmental Assessment

The "Right to Choose" policy allows patients to select their healthcare provider for certain services, including autism and ADHD assessments, when referred by their GP. This means that if a GP refers a patient in Warwickshire for an autism or ADHD assessment, the patient can choose from a range of NHS or private providers who are commissioned to work with the NHS. This process can be quicker than referral through school.

To utilise the Right to Choose:

1. Consult with your GP:

Discuss your need for an autism or ADHD assessment and express your interest in using the Right to Choose option.

2. Choose a provider:

Your GP will inform you about available providers and how to access them. You can explore options like local NHS services or private providers who have contracts with the NHS.

3. Confirm eligibility:

Ensure you meet the eligibility criteria, such as being registered with a GP in England and not being a prisoner, detained under the Mental Health Act, or a serving member of the armed forces.

4. Be aware of limitations:

Understand that the chosen provider may only offer assessment and diagnosis services, and ongoing support like medication may require a separate referral or shared care agreement with your GP.

NHS England have produced this leaflet to explain your choices in more detail:

<https://www.england.nhs.uk/wp-content/uploads/2017/03/patient-leaflet-digital.pdf>

Further information on neurodevelopment assessment pathways in Warwickshire is available at <https://www.warwickshire.gov.uk/health-wellbeing-send/neurodevelopmental-conditions/2>