

5th January 2026



Etone College
www.etonecollege.co.uk

Dear Parent Carer

SEND Coffee Morning – Routines and Sleep

On Monday 26th January we are running a SEND coffee morning for the parents and carers of all pupils who have difficulties with sleep. Refreshments will be available from 9.15 and the session will start promptly at 9.30.

The event will look at the importance of routines in supporting sleep as well as strategies that can be tried to support your child's sleep.

To help us prepare for the event, please complete the Microsoft form on this link (or use the QR code below) to indicate your intention to attend as well as to share any questions that you would like addressed during the session.

[SEND Coffee Morning Mon 26th January 9.30am – Fill out form](#)

If you require any further information, please contact Mrs Katie Smith.

Yours faithfully

K. Smith

Mrs K Smith
Assistant Headteacher and SENDCO

