

YEAR 7 LEARNING FOR LIFE CURRICULUM OVERVIEW

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<ul style="list-style-type: none"> • Etone values, expectations, employability and belonging to Etone College • Introducing our House Charities how we can make a difference – active citizenship. • Opportunities at Etone including student leadership. • The importance of democracy and individual liberty linked to Student Council • Equipment, organisation, homework top tips and managing transition to a new school • Wellbeing top tips and signposting support for mental health • Positive friendships - making friends, healthy friendships and what to expect from a good friend • Strategies for dealing with friendships • Transition to a new school – emotions and support for change • Transition to a new school and staying safe including walking to school and mobile phones • Mental Health and Wellbeing – personal strengths, confidence, resilience and top tips for wellbeing • Fundamental British Values and diversity in the UK • Introduction to Citizenship, communities and how to be an active citizen • Personal skills and futures • Working together and living in communities including our roles, teamwork and what makes a successful community • Rules and responsibilities and the law • Rule of Law and legal rights in communities • Black History Month • Celebrating Diversity and Democracy including the Equality Act and the Right to Vote • How to tackle discrimination • Economic literacy • Budgeting and Managing our Money • Careers Understanding Gatsby Benchmarks and identifying pathways and achievements • Drugs Awareness – external workshop Compass (on rotation) • Driving Ambitions Road Safety Workshop (on rotation) • Changemakers Healthy Eating Workshop (on rotation) • Sexual Harassment assembly • Personal Hygiene and Changing Adolescent Body workshop • Loudmouth Theatre Productions – A step to far 	<ul style="list-style-type: none"> • Peer pressure linked to risk taking including vaping and cessation support • Dealing with peer pressure • Anti -Bullying – to know about different types of bullying and how to prevent it • Introduction to sexual harassment • Avoiding risks, the role of peer pressure in risk taking and personal safety including road, rail and water safety. • Families, marriage and parenting • Positive relationships and the link to our happiness. Managing breakdown in relationships. • Remembrance and empathy • Coping with bereavement and loss (including divorce) and signposting support • dealing with loss and bereavement • Importance of friendships and maintaining positive friendships • Well Being – positivity, resilience, connecting with others and how this contributes to happiness and importance of sleep • Careers and Careers Fair 	<ul style="list-style-type: none"> • Target setting for the year • Equality for all including race, disability and age discrimination • Challenging stereotypes • Internet Safety includes the use of data, staying safe online and safe use of apps. • Healthy screen time and the dangers of too much time online • Role of the Police and Judiciary and what happens when laws are broken. • How the UK Parliament works • Background and Role of the Monarchy • Role of UK Citizens and individual liberty • Wellbeing – using technology to support wellbeing and how a positive mindset can support resilience. The importance of communication and signposting support • Careers and future goals • Warwickshire Local Police – Antisocial Behaviour Workshop • Bikeability • Coping Strategies for self and peers 	<ul style="list-style-type: none"> • Christian Beliefs • Christian Faith and Parables • What is Radical about Jesus? • Why are Religious Buildings Important? • Worship • Exploring the Buddhist faith • Exploring other faiths • Christian festivals and festivals in other faiths including Eid • Learning about our values through role models • Careers – personal strengths, the value of work and using the Careers Library 	<ul style="list-style-type: none"> • Healthy eating and healthy lifestyles and the importance of a healthy diet • The risks of poor diet and how to make healthy lifestyle choices • The link between physical and mental health triggers • Developing resilience and linking to self-belief and self-care • Power of positive thinking • Oral hygiene • Personal hygiene and its importance in disease control • Understanding change in puberty and menopause • Vaping including peer pressure, the risks, legalities and support • The dangers of smoking, peer pressure, legalities and support for cessation • KOOTH mental health external workshop – signposting support 	<ul style="list-style-type: none"> • Supporting the wellbeing of others • Mental Health and Physical Wellbeing • The importance of relaxation, exercise and sleep for wellbeing • Promote confidence / develop resilience • Promote positive self esteem • Positive mental attitudes • Overcoming stigma • Understanding consent • Managing change • Summer Safety including how to look after our mental health during the holidays, road, rail, water and sun safety revisit • School Diversity Week • Celebrating the LGBT community /Pride celebrations • Refugee Week • Careers – setting long term and short-term targets and the benefits of Careers learning. • Employment laws and health and safety in the workplace. • Careers Day / T Levels • E-scooter and offroad bike safety talk

RSHE is delivered through Learning for Life lessons, form time and assemblies as well as additional workshops sometimes led by external agencies all of which are age appropriate. A list of external agencies in each year can be found on our website. Our form time sessions include literacy, numeracy and reading. Parents have the right to withdraw from the non-statutory components of RSE (intimate and sexual relationships, including sexual health). Our Careers curriculum is taught throughout every term for each key stage. Some of our RSHE content is delivered through cross curricular lessons and events via Science, Computing, PE and Food. All departments support Theme of the Week either through their curriculum, assemblies and/or events and we make use of diverse role models to challenge stereotypes and support our curriculum.



YEAR 8 LEARNING FOR LIFE CURRICULUM


Autumn	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<ul style="list-style-type: none"> • Etone values, expectations and employability and belonging to Etone • House Charities and how can make a difference – active citizenship • Opportunities at Etone including student leadership • The importance of democracy and individual liberty linked to Student Council • Equipment, organisation and homework • Top tips for wellbeing and signposting support for mental health • Revisiting Citizenship and being a responsible citizen including communities, volunteering and the role of NGOs • School Council introduction • Following rules and responsibilities and the rule of law • Careers and qualifications • Fundamental British Values and Equality Act revisit • Roles, rights and the law – civil and criminal law • Justice and the Courts and responsibilities including age limits • Making and changing laws • Multicultural Britain and British Values including Equality Act and role models • Black History Month • Martin Luther King and Civil Rights and how laws protect our rights in the UK • Mental Health – the importance of mindfulness and self-belief and resilience roles models • Sexual Harassment assembly • Local MP workshop (on rotation) • Careers 	<ul style="list-style-type: none"> • Empathy and Remembrance • Types of bullying • Indicators and signs of bullying • Dealing with bullying • Cyber Bullying • Anti-Bullying Week and signposting support • Link between bullying and mental health • Peer pressure online and how to resist it • Peer pressure in relation to smoking, vaping and cyberbullying and strategies, identify risk and how to avoid it • Risks of knife crime, the impact and the law. Strategies to raise awareness. • Maintaining positive relationships and the importance of respect • The importance of different and how to deal with problems in communities • Protected Characteristics and the Equality Act 2010 including importance of respect • Family relationships, roles within family and supported family life • Gender stereotypes • Human Rights Day • Careers and choosing a Career. LMI. • Warwickshire Police Workshops – Awareness of Country Lines and Hate Crime • Careers Fair – all years 	<ul style="list-style-type: none"> • Discrimination and tackling racism including the law and campaigns to raise awareness including possible role models • Elections and democracy including local democracy in action • Criminal Justice System • How Government Works • Political Parties in the UK and manifestos • Fake News in Elections • Criminal Law, Trials, Processes and Tribunals • E Safety - privacy settings and top tips for staying safe • E-Safety – social media and online experiences. Laws. • E- Safety – Online relationships and the risk of over-reliance • Digital Data, GDPR and Data Protection • How laws are made, rule of law and the role of media in challenging stereotypes • Careers – what do you want to gain from work and the skills of communication. Are school and work different? • Rail Safety External Workshop (on rotation) • Working for Marcus – Loudmouth Theatre Group 	<ul style="list-style-type: none"> • Traditions and Beliefs • Giving and Receiving Love • How do Christians interpret the Bible? • Holy Books in other faiths • Learning about religions and festivals – Hannukah and Ramadan • Faith, values and changemakers • Religious Symbols • Spiritual art and music and mindfulness in supporting wellbeing • Key beliefs of Hinduism • Does religion make you good? Exploring guidance and our moral code • Careers – Future jobs markers and becoming a job search expert. • House charity speaker • Saltmine – switch it up 	<ul style="list-style-type: none"> • Dealing with expected and unexpected change and where to seek Support • Mental Health – spotting the signs of poor mental health and triggers. • Signposting support for self harm and raising awareness • Different types of disease and how to prevent the spread of disease. The role of vaccinations and prescribed medications. • Pros and cons of prescription drugs • The importance of screening. • Peer pressure, alcohol and wellbeing including risks, legalities and cessation support • Careers • Kooth Mental Health workshops 	<ul style="list-style-type: none"> • Wellbeing – top tips for mental and physical healthy. • Self-image and mental health and coping with worry. • Managing expectations • Expectations in relationships and personal boundaries • How to say no – resisting pressure and consent • Sexting and how the law protects us • Media influence on young people on young people and the impact of social media on body image. • Revisiting identity and the importance of self esteem • Safety and how to respond in difficult situations • Age limits and how they protect us. • Summer Safety reminders • Careers • School Diversity Week • Celebrating the LGBT community/Pride • Refugee Week • Army workshop STEM

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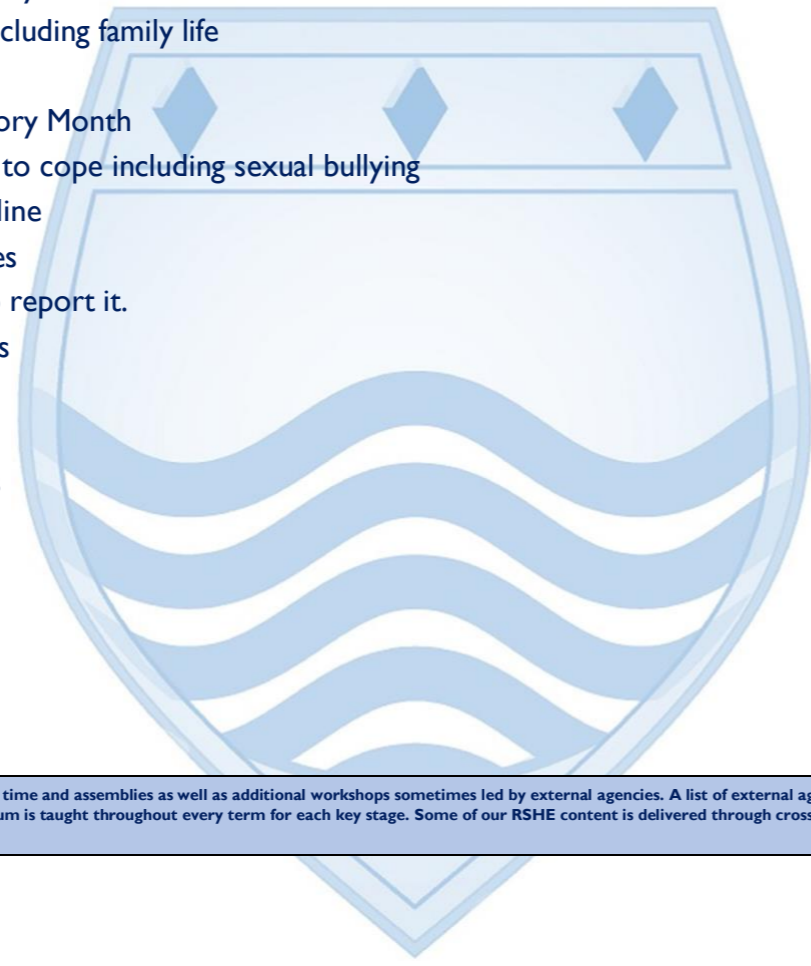
YEAR 9 LEARNING FOR LIFE CURRICULUM

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<ul style="list-style-type: none"> • Etone values, expectations and employability • House Charities and how can make a difference • Opportunities at Etone including student leadership • The importance of democracy and individual liberty linked to Student Council • Equipment, organisation and homework • Top tips for wellbeing and signposting support for mental health • Setting goals, lifelong learning and enterprise • Careers – plan your year, decision making skills, personal qualities and the job market • Value of money and cost of living. • Public Institutions • Fundamental British Values in local areas in the UK • Rule of Law and how can change the law • Youth Court and Sentencing • The role of Protests • Staying Mentally Healthy • The importance of diversity • Black History Month and role models • Communities in the UK – problems and hate crime • Radicalisation and PREVENT • Local MP workshop (on rotation) • NHS Health Survey and workshops • Youth Parliament visit (selected pupils) 	<ul style="list-style-type: none"> • Marriage and love • Legal status of long-term relationships and dealing with divorce • Strategies to make good choices and dealing with dangerous situations • What if I don't want to – consent • Anti-bullying week • Managing risks in relation to drug taking and the impact on mental health • Underage drinking, binge drinking and the law • Risky behaviors linked to drugs and alcohol • Punishment and adult courts • Careers – self assessment, key skills and the application process, law surrounding work for teenagers • Sexting risks, the law, support and the risks of AI including fake images • Careers Fair – all years 	<ul style="list-style-type: none"> • LMI, Careers and Gatsby Benchmarks • Jobs for teenagers • Revisit of Equality Act and Protected Characteristics. Tackling prejudice and the importance of respect. • Revisiting our identity and the importance of inclusion for all including the LGBT community • Gender roles and how they have changed over time • The importance of challenging stereotypes including gender and disability • Mental Health Day and role models • E Safety – benefits of social media, features of the internet and using technology for good. • The risks of gambling, including online and how the law protects us • Purposes of money and different types of money. Online scams and how to avoid them. • Money and debt • Gambling addictions • Early signs of mental health and signpost support including anxiety and depression • Value of Work and Enterprise • Online presence and prospects 	<ul style="list-style-type: none"> • Why is there suffering and two different religious views • What difference does it make to believe? • Religion, peace or conflict • Happiness and how it contributes to our wellbeing • Do we need proof of God's existence? • Religious Festivals – Diwali • Key features of Hinduism • Warwickshire Local Police Workshop – Sexting and the Law • Careers – being enterprising, the world of work today, using reliable information, types of qualifications and choosing options. • Warwickshire Local Police – The Risk of Gangs • Switch it Up Knife Crime external workshop • Raising Awareness of FGM and the law (RAISE Education external workshop) 	<ul style="list-style-type: none"> • How to access support for health • Mental Health and Wellbeing – what affects our mental health and how to cope and develop resilience. • Contraception, how it works and the law • Know and understand STIs and how they communicate. • How the risk can be reduced and the importance of testing and contraception • HIV, AIDS and reducing the risk • Characteristics of healthy and intimate relationships • Drugs Awareness • To know how risk taking can affect our mental and physical health and know how to respond to these situations. 	<ul style="list-style-type: none"> • Dealing with Stress and the impact on physical wellbeing • When health goes wrong – risks and how to respond • Recognizing CSE including the risks of grooming and signposting support • Sex and media • Managing stress • Consent and the Sexual Offences Act – how the law protects us and the importance of trust • Meaning of consent. Consent and sexual intercourse. • Parenting and responsibilities including successful parenting • Teenage pregnancy testing and signs of pregnancy • Mental Health – stepping up to GCSES and Preparing for KS4 • Careers and setting future goals • PRIDE celebration and School Diversity Week. • Houses of Parliament visit

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YEAR 10 LEARNING FOR LIFE CURRICULUM		
Autumn	Spring	Summer
 <p>Citizenship/Media</p> <ul style="list-style-type: none"> • Types of Government • Electoral systems within and beyond the UK and how citizens can influence decisions locally, nationally and beyond. Democratic and non-democratic systems beyond the UK • Freedom of the Press in the UK and Fake News • How to Protect your Personal Information online/Digital Footprints • Phishing, AI and Scams • Discrimination and prejudice and strategies to raise awareness • Equality Act and Protected Characteristics including gender gap in the UK <p>Staying Safe and Wellbeing</p> <ul style="list-style-type: none"> • Factors affecting our wellbeing including the impact of social media • How to look after our mental health • The benefits of sleep in looking after our mental health • To know the main types of mental illness and how to spot the signs • Essential First Aid and CPR and getting help in emergency situations <p>RSHE</p> <ul style="list-style-type: none"> • Miscarriage and loss and impact on wellbeing • Fertility changes including lifestyle choices and signposting support • Making the right choices, consent and delaying intimacy • Characteristics of healthy intimate relationships and managing sexual pressure • The law around sexual intercourse • How to prevent unplanned pregnancy and contraception and advice • The challenges of being a teenage parent • Options following an unplanned pregnancy • Self-examination and the benefits of screening (breast, testicular and skin cancer) including Oddballs foundation <p>Tutor Time</p> <ul style="list-style-type: none"> • School Council and the importance of democracy • Workers' rights • Value of money, savings, expenditure and credit • Insurance and why it is necessary • The difference between Parliament and Government and where does power lie in the UK including different roles within government • Understanding British Values and the UK as a multicultural society • Active CZ and the importance of volunteering including how a citizen can have a positive impact through volunteering and active participation • Mental Health - what impacts our wellbeing in a negative way including social media and time online 	<p>RSHE:</p> <ul style="list-style-type: none"> • The risks of gambling, peer pressure, impulsivity and signposting support • What the law says about gambling • County Lines – recognising the signs, risk and signposting support including the role of the Police – to consider other forms of organized crime including cyber crime • Substance misuse, the risks including mental health and the law • To know what is meant by HBV, the risks, signs and support • Revisiting Forced Marriages <p>Health</p> <ul style="list-style-type: none"> • Mental health - dealing with unhelpful thoughts • Importance of sleep and signposting support • Raising awareness of substance misuse, addiction and impact and signposting support <p>Tutor Time</p> <ul style="list-style-type: none"> • Governance Democracy and Citizenship including international governments • Discrimination and the Law and Equality Act • Holocaust Memorial Week • British and Etone Values and how teaching and beliefs are linked to values • Internet Safety including images and messages and the law • How social media can exaggerate situations and view points • Targeted advertising • Friendship and how to support friends and managing emotions when relationships end • What is meant by a ritual? • Why do people have rituals? • What is the purpose of life, sanctity of life and different religious views • What is meant by the term miracle and why people believe in miracles • Examples of religious laws and say why they are important today • What is it like to be a young person of faith? • To know the importance of Jerusalem in different religions. 	<p>Staying Safe</p> <ul style="list-style-type: none"> • Dangers of pornography, sharing images and the law including the role of deep fakes and AI • Child on Child Abuse • How Abuse affects relationships and signpost support • Warning signs of extremism, the impacts and how to report and the importance to report • Sexual Harassment and the law • Careers and Future Aspirations • Kooth – Signposting support for mental health <p>Tutor Time</p> <ul style="list-style-type: none"> • Risks of screen time, time online and how to use apps in a positive way • Protecting personal information online and support – gaming links to mental health • Technology for wellbeing • Strategies for self-care • Lifestyle choices that put us at risk of different cancers • Vaping and alcohol • Personal safety and identifying risks • Healthy lifestyles and signposting support • Awareness of substance abuse, drugs and strategies to avoid them • Gangs – why are they created, why do people join them and the law – risks of joining a gang • Signs of exam stress, strategies to manage this and how to revise • Pride and Celebrating the LGBT community • School Diversity Week • Careers – digital footprints and our

<ul style="list-style-type: none"> • The positive impact of sleep on wellbeing • Coping with grief and bereavement • Spotting early signs of mental health concerns and sign posting support • World Mental Health Day and Black History Month • Parenting skills and the needs of a child including family life • How adoption works • World Mental Health Day and Black History Month • Sexual Harassment and the Law and how to cope including sexual bullying • Revisit risks of grooming and stay safe online • Sextortion and the law surrounding images • Dealing with Stalking -the law and how to report it. • Work experience and Gatsby benchmarks • Human rights and the law • UK – place in the world • Kooth workshop – Managing Exam Stress 	<ul style="list-style-type: none"> • To know how religious and non-religious beliefs are connected and find out about how symbols and actions exemplify beliefs • How beliefs have changed over time 	<p>online profile and how to manage this</p> <ul style="list-style-type: none"> • Work Experience Preparation
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YEAR 11 LEARNING FOR LIFE CURRICULUM

Autumn	Spring
<ul style="list-style-type: none"> • Risks of Drugs including Prescription Drugs, energy drinks and Vaping. Cessation strategies including the law and signposting support. • Knife Crime and Gangs and the impact on families and communities • Mental Health – Pressures and Dealing with Exam Stress. Having a healthy work life balance • Impulse Control workshop – Warwickshire County Council • Mental Health – Practical Strategies to Deal with challenges and self care • Careers CV Writing, Applications, Apprenticeships and Next Steps • Equality Act and the Workplace • Daniel Caines – Motivational Speaker • Careers Fair and local provider interviews • Coercive control and the law relating to consent, abuse, coercion, harassment and rape • Withdrawing consent • Money Matters – investment, pensions and support for financial decisions <p>Tutor Time</p> <ul style="list-style-type: none"> • Rule of Law – making New Laws and how the law applies to me as a teenager. The legal system in the UK, sources of law and how the law helps citizens. Changing laws • How to protect our communities and community laws • Protocols and policies in the workplace • Different types of bank account and how to manage your money • Expenditure and Savings • Pensions • Understanding Tax and Budgeting • Risks of Debt • National Insurance and why we need to contribute • Revision strategies • Equality and challenging discrimination • Media and body image • Media and health • Dealing with Exam Stress • Anti-Bullying Week • Internet Safety – laws surrounding sending images • Impact of discrimination and the LGBT community • Careers – interview skills and online image • Qualifications • Climate Education and Environmental Stewardship 	<p>Tutor Time:</p> <ul style="list-style-type: none"> • Overview of Buddhism including conservation and attitudes to conflict • Examining Faith • Beliefs and Practices of different religions • Holocaust Memorial Week • Mental Health Day and strategies for dealing with change/promoting wellbeing • Media and Religion • Conflicts • Religious Groups and Political Change • Workers’ Rights • Equality Act in the workplace • The role of the judiciary and international courts • Budget • Cabinet and Education • Next Steps including challenges in the year ahead

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YEAR 12 LEARNING FOR LIFE CURRICULUM					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Future Goals and Living in the Real World	Building Healthy Relationships	Equality and Financial Choices	Self-Care	Safe and Healthy Lifestyles	Religious Studies
<ul style="list-style-type: none"> • Etone values, expectations and employability • Hard and soft skills • Evaluating own skills and qualities • How to be enterprising in life and work • CV writing and preparing for part time work • Career opportunities in a global economy and ‘Gig Economy’ • Rights and responsibilities in different types of employment • Labour Market • Strategies to overcome workplace bullying and harassment • Role of trade unions and professional organisations • Recognising unprofessional behaviours in the workplace • Importance of professional conduct and etiquette. • Interview skills 	<ul style="list-style-type: none"> • Healthy relationships and the different types of relationship • Accessing support and reporting concerns • Consent and the law surrounding consent • The legal and moral responsibilities in seeking consent and consequences • Sexual violence and sexual assault, reporting and support available. • Challenging victim blaming and the support available • Identifying dangerous situations and how to avoid these • Risks of alcohol including drink driving as driver and passenger • Different ways drugs and alcohol can affect lives • Relationships around Christmas and celebration 	<ul style="list-style-type: none"> • Spotting fake news and impact of social media on people • Being critical about online sources • Workshop about finance and savings • Debt and budgeting • Diversity in the UK • Benefits of living in a diverse country and celebrating this • Holocaust awareness including impacts and experiences • Different types of prejudice and discrimination • Protected characteristics of the Equality Act 2010. • Identifying online prejudice and discrimination, reporting and support. • Appreciating different opinions and cultural views 	<ul style="list-style-type: none"> • Managing a work-life balance • The importance of exercise, study, sleep and leisure • Roles and how they change in different stages of life • Celebrating world book day and reading as a form of self-care • Sharing recommendations with peers • Signs of emotional mental ill-health and strategies to help • Impacts of mental health on behaviour • Where to access support with mental health • Body image and self esteem • Strategies to manage the influence of body image including online • Managing personal safety to and from work/school • Potential dangers of getting home safely and how to reduce them 	<ul style="list-style-type: none"> • Understanding first aid • Steps to CPR • Contacting emergency services in a crisis • Communicable and non-communicable diseases • Dangerous situations such as spiking. • Risk of being a passenger in a car • Self-check signs for breast and testicular cancer • Planning a healthy diet • The dangers of fast food • Problems that may arise when travelling abroad • Researching countries before travelling and safety abroad 	<ul style="list-style-type: none"> • Reduce the risk of extremism and radicalisation including when and how to seek help • Revision strategies in preparation for mocks • How to reduce stress during examinations • People seeing religious visions • Influence of RE in film • Conversion in a religious context • Stigmata • Death and the Afterlife • Fundamental British Values • Preparing for Year 13 • Career reflection and next steps looking forward

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YEAR 13 LEARNING FOR LIFE CURRICULUM

Autumn 1	Autumn 2	Spring 1	Spring 2
Future Goals and Living in the Real World	Building Healthy Relationships	Equality and Financial Choices	Self-Care
<ul style="list-style-type: none"> • Etone values, expectations and employability. • Setting ambitious career goals • Evaluate strength and areas of development • Importance of global market for education and employment • Positive and negatives of apprenticeships • Degree and higher apprenticeships • Importance of resilience and adaptability • Managing important life transitions and learning to cope with change • Completing online applications • How to write and prepare a CV • UCAS process and courses available • Explanation of university application process • Building and maintaining a positive professional identity at work • Networking and creating a positive online presence • Online safety and media literacy 	<ul style="list-style-type: none"> • Healthy relationships and the different types of relationship • Building professional relationships in the workplace • Managing transitional life phases • Love, lust and emotional literacy • Relationship values • Dating apps and how to stay safe online • Challenging unhealthy relationships and support. • Coercive and controlling relationships, signs and support • Understanding mental health and emotions • Support available for mental health • Fertilisation at a cellular level • Fertility treatment including IVF • Celebrations including Christmas 	<ul style="list-style-type: none"> • Plan expenditure and budget for changes • Financial key terms • Importance of budgeting throughout your life • Understand features of a pay slip • Importance of paying tax and national insurance • Understanding human loans and tenancy agreements • Consumer rights and resolving customer disputes. • Managing financial contracts such as mobile phones and rent. • Gains and risks of different debt arrangements and repayment implications • Risks in financial ventures and illegal schemes • Personal safety and gambling behaviour 	<ul style="list-style-type: none"> • Advantages and disadvantages of contraception • Assessing effectiveness of different methods of contraception • Choices available for unintended pregnancies • Law on abortion in the UK • Sexual health services and support • Fertility changes over time • IVF treatment • Parenthood and options

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